



Welcome to your dental plan

Thank you for choosing the California Direct Compensation dental plan from UnitedHealthcare. We're here to help make your health care experience easier.

Get to know your plan

With this plan, your coverage begins right away. You don't need to meet a deductible. There's no annual limit—which is the maximum amount the plan will pay each year—and the plan doesn't exclude care for dental issues you may have had before enrolling.



Preventive care

As long as you see your primary care dentist, your plan pays for all or most of your preventive dental care, including routine checkups, cleanings and annual oral cancer screenings for adults. You can get 2 cleanings in a 12-month period—1 every 6 months. Some plans cover more cleanings for an additional copay.

Preventive visits are important because your dentist can catch problems earlier, when they may be easier to treat.

Good oral health helps protect your teeth and gums and is also linked to good overall health.



Fillings, crowns and more

Your plan also covers other types of dental care, including fillings, crowns and braces. You just need to pay a copay (a set dollar amount) at the time of your appointment. Some plans only cover silver fillings for back teeth. If you choose white fillings, you may have a higher copay.



Extra dental visits when you're pregnant

Increased bacteria levels during pregnancy can lead to tooth decay. Your plan covers extra visits for cleanings and gum treatments when you're pregnant, as recommended by your dentist. Ask your dentist to submit a claim to the address on your ID card. Be sure to include the name of your OB/GYN and your due date.

Make the most of your dental plan

You can see your plan details, check your claims and learn about oral health on myuhc.com[®].



Find a primary care dentist

There are 2 ways to select a primary care dentist:

- 1 Sign in to myuhc.com and use the **Find a Dentist** tool to search by name, facility or location—you'll see a list of dentists who are part of your network
- 2 Call the Customer Service number on your ID card

If a network dental provider is not available within a reasonable distance of where you live or work, you may be referred to an out-of-network dental provider and still receive services at the network rate. Please see your official dental plan documents for details about your coverage or call the number on your ID card.



Use your dental ID card

Print your ID card anytime at myuhc.com. Your card only lists the name of the person who signed up for the plan, but everyone covered by your plan should use the card. Be sure to bring it with you each time you see the dentist.

Get the most from your benefits

- Select a primary care dentist
- Get a referral from your primary care dentist if you need to see a specialist
- Enjoy full coverage for preventive services
- Pay a copay for other types of dental care, including braces

Learn more

Sign in to myuhc.com or call Customer Service

United
Healthcare

Benefits for the UnitedHealthcare Dental DHMO/Direct Compensation plans are offered by Dental Benefit Providers of California, Inc. UnitedHealthcare Dental is affiliated with UnitedHealthcare.

This policy has exclusions, limitations and terms under which the policy may be continued in force or discontinued. For costs and complete coverage details, contact either your broker or the company.

The company does not discriminate on the basis of race, color, national origin, sex, age or disability in health programs and activities.

We provide free services to help you communicate with us, such as letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call the number listed on your ID card.

ATENCIÓN: Si habla español (Spanish), hay de asistencia de idiomas, sin cargo, a su disposición. Llame al número de teléfono gratuito que aparece en su tarjeta de identificación.

請注意：如果您說中文 (Chinese) 我們免費為您提供語言協助服務。請致電 1-800-445-9090, TTY 711

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