

Drive Back and Muscle Pain Away with SimpleTherapy

Dealing with back, joint or muscle pain? The SimpleTherapy virtual physical therapy program can help you feel better no matter where the road takes you.



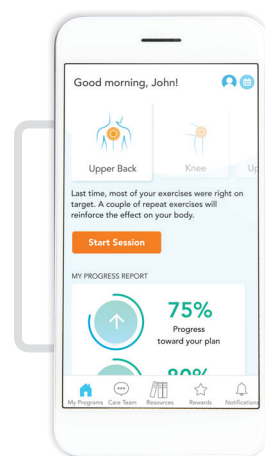
Included with your Labor Alliance Managed Trust Fund benefits at no extra cost, SimpleTherapy delivers:

- 15-minute guided physical therapy exercise sessions you can do anytime and anywhere
- One live virtual visit with a physical therapist
- Unlimited coaching support
- A care pack filled with everything you need to relieve pain



You can win!

Automatically earn a chance to win a \$25 Amazon gift card by registering as a new member and another chance for completing weekly sessions (3 per week for a calendar month).*



Ready to start your journey to pain relief?
Visit www.simpletherapy.com/go/lamt today!



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*FULL RULES HERE

