



Cholesterol & Statins Use in Women

In observance of Healthy Heart Month, join us for a special **FREE Virtual Health Talk for Women**

- **When: Tuesday, February 25, 2025**
- **Time: 5:30 p.m. – 6:30 p.m.**



Board Certified
Family Medicine

Join **Paul Magtoto, MD, Family Medicine**, to learn about:

- What are statins, their benefits and risks
- When statins are recommended
- What are the possible side effects
- Why they improve cardiovascular health

Silvia Delgado, Registered Dietitian & Educator, will discuss lifestyle and dietary changes that can help lead to a healthier heart.

Registration for this event is not available on kp.org

You can register online by selecting the link below or scan the QR code. All virtual classes are available at no cost to the KP community (members, non-members, employees, and physicians). All classes are delivered in Pacific Time (PDT). All who attend will be eligible to win a gift basket.

Visit link below to register:

<https://event.on24.com/wcc/r/4849164/5AB7E5E06057DE1366FDF72F897D9BC5>

You can also register online by using your smart phone's Camera to scan this QR code:

