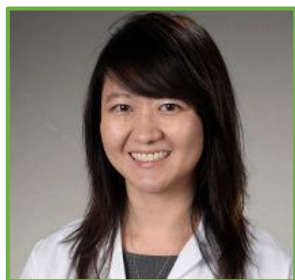




Hypertension in Women

Join us for a special **FREE** Virtual Health Talk for Women

- **When: Monday, May 12, 2025**
- **Time: 5:30 p.m. – 6:30 p.m.**



Board Certified in
Internal Medicine

Join **Jennifer Mah, MD, Internal Medicine**, to learn about:

- What is hypertension
- Who is at risk
- Why it is important
- How to prevent and treat it

Maria Membreno, Registered Dietitian, will discuss lifestyle and dietary changes that can lead to a healthy heart.

Registration for this event is not available on kp.org.

You can register online by selecting the link below or scan the QR code. All virtual classes are available at no cost to the KP community (members, non-members, employees, and physicians). All classes are delivered in Pacific Time (PDT). All who attend will be eligible to win a gift basket.

Visit link below to register:

<https://event.on24.com/wcc/r/4946911/3EC8CCC61575122BC4C2B4161C35BA68>

You can also register online by using your smart phone's camera to scan this QR code:

