



Unlock Better Movement with a Virtual Motion Assessment!

Your body tells a story—are you listening? Our virtual movement assessments use your webcam or phone camera to analyze your movement and identify potential areas of muscle tension, mobility limitations, or joint issues.

Powered by **PreciseVision AI**, this quick and easy assessment provides insights just like an in-person evaluation.

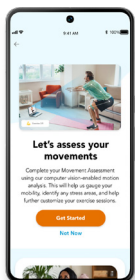
Why Try a Motion Assessment?

-  **Pinpoint problem areas** before they become bigger issues
-  **Improve mobility & movement patterns** with real-time insights
-  **Get a personalized care plan** reviewed by a licensed physical therapist
-  **Track progress over time** with ongoing assessments

How It Works

- 1** Complete a guided movement assessment.
- 2** Your physical therapist analyzes your results and creates a care plan just for you.
- 3** Get a detailed report, including therapist notes, sent straight to your inbox.

Movement assessments are seamlessly integrated into your **SimpleTherapy program** and appear **every 4-6 weeks** as an optional feature. Each assessment is tailored to your unique needs, helping you track progress and optimize your care.



Scan this code to download the SimpleTherapy app and create your free account.

SimpleTherapy® does not offer medical advice, diagnosis, or treatment, and is not a replacement for a physical therapist or doctor. Please consult with our physical therapist or doctor if you have any questions about incorporating the SimpleTherapy sessions into your health and well-being program.

Your information is confidential. We will not share it with your employer.

*The data captured by CVT is HIPAA compliant. It is only shared with our clinical team and the individual member.